



Established 1956

## CRESCENT GIRLS' SCHOOL

357 Tanglin Road, Singapore 247961 Tel: 6475 8711 Fax: 6474 1248



22 January 2026

Dear Parents/ Guardians

### **MOE SEXUALITY EDUCATION IN SCHOOLS**

Sexuality Education (SEd) in schools is about enabling students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters.

SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

#### 2. The goals of Sexuality Education are:

- (i) To help students make wise, responsible and informed decisions through the provision of accurate, current and age-appropriate knowledge on human sexuality and the consequences of sexual activity;
- (ii) To help students know themselves and build healthy and rewarding relationships through the acquisition of social and emotional skills of selfawareness, management of their thoughts, feelings and behaviours, development of empathy for others, possession of effective communication, problem-solving and decision-making skills; and
- (iii) To help students develop a moral compass, respect for themselves and for others as sexual beings, premised on the family as the basic unit of society, through the inculcation of positive mainstream values and attitudes about sexuality.

#### 3. The key messages of Sexuality Education are:

- (i) Love and respect yourself as you love and respect others;
- (ii) Build positive relationships based on love and respect (which are the foundation for strong families);
- (iii) Make responsible decisions for yourself, your family and society; and

- (iv) Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.
- 4. Please visit the school's Sexuality Education webpage (<https://www.crescent.edu.sg/our-holistic-curriculum/cce/sex-edu/>) for more information on Crescent Girls' School's Sexuality Education Programme for 2026.
- 5. For Secondary 3 students, the Sexuality Education programme also includes the eTeens programme. Please refer to Annex B for more information.
- 6. Thank you.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Cindy', with a small dot at the end.

Ms Cindy Low  
Principal

Dear Sir/ Madam

**eTeens  
STI (Sexually Transmitted Infections) /  
HIV (Human Immunodeficiency Virus)  
Prevention Programme in Schools**

1. In view of the increasing number of STIs reported among youth aged 10-19 years<sup>1</sup>, HPB, in collaboration with the Ministry of Health (MOH) and the Ministry of Education (MOE), developed a STIs/HIV prevention programme titled eTeens for students in secondary schools and JC/CIs. The programme aims to raise awareness on STIs/HIV, inform students about ways to prevent infection and discourage risky sexual behaviours. Abstinence and upholding family values are the key messages in the programme.

2. eTeens for Secondary 3 students comprises a pre-recorded lesson and a classroom-based lesson. It covers information on the transmission modes of STIs, the signs, symptoms and consequences of contracting STIs/HIV, effective methods of preventing infection including abstinence from pre-marital sex, being faithful to one partner in the context of marriage as well as condom use. It also teaches life-skills such as decision-making, assertiveness and negotiation skills. eTeens is conducted in schools by trained personnel from HPB and teachers. A factsheet on the programme, which is available on the MOE website<sup>2</sup>, is enclosed.

3. If you do not wish your child/ward to attend this programme, please complete the form on the next page and return it to the school. For any clarification regarding this programme, please email us at [hpb\\_yhp@hpb.gov.sg](mailto:hpb_yhp@hpb.gov.sg).

Thank you.

Yours sincerely  
Dr Chris Cheah  
Deputy Director  
Communicable Disease Education  
Regional Health and Community Outreach Division  
Health Promotion Board

<sup>1</sup> Reported cases of STIs among youth aged 10-19 years increased from 238 cases in 2002 to a peak of 820 cases in 2007.

<sup>2</sup> [www.moe.gov.sg/education/programmes/social-and-emotional-learning/sexuality-education/scopeand-teaching-approach-of-sexuality-education-in-schools](http://www.moe.gov.sg/education/programmes/social-and-emotional-learning/sexuality-education/scopeand-teaching-approach-of-sexuality-education-in-schools)

# **eTeens**

*Wise. Informed. Sensible. Empowered*

## **Aims of eTeens**

1. The Empowered Teens (eTeens) programme aims to provide students with accurate information to help them make good decisions in their life choices. It raises awareness and knowledge about the following:
  - a) awareness of the different sexually transmitted infections (STIs) and HIV/AIDS;
  - b) modes of transmission for STIs and HIV/AIDS;
  - c) modes of protection against infection, specifically abstinence and the correct use of condoms;
  - d) skills for decision-making, assertiveness, negotiation to say “no” to peer pressure to have pre-marital sex; and
  - e) consequences and impact of STIs/HIV.

## **FORMAT OF PROGRAMME**

2. The eTeens programme comprises an assembly lesson and a classroom-based lesson:
  - a) The mass talk is a pre-recorded lesson by the Health Promotion Board (HPB) from guide.
  - b) The duration of the assembly lesson is about 1 hour. It includes a multimedia presentation, video screening as well as presentation of key learning points.
  - c) The classroom-based lesson reinforces skills of responsible decision-making negotiation and assertiveness. The suggested time for the lesson is about one hour.
  - d) Training for teachers to conduct the classroom-based programme is provided for by MOE and HPB.

Thank you.